



## BUILDING US WEEK 1

### START

To begin, listen and worship along with this song.

<https://www.youtube.com/watch?v=xLSDBG1OcGE>

### THINK

**Who did you look up to in your childhood? Think your favorite tv character, superhero, a family member, athlete.**

### READ

Intentionally read the passage of Scripture below using the following pattern:

- **Prepare.** Turn off and put away your phone and any other distractions. Situate yourself in quiet and solitude. Calm your body and mind and pray that God would meet with you through His word.
- **Read.** Read the passage slowly and carefully. Pay attention to and reflect on words or phrases that stick out to you. Take your time.
- **Reflect.** Read the passage a second time. Let it speak to you personally. Ask how the text changes the way you live today.
- **Respond.** Talk to God about what the text brings up in you. Let Him know if you're moved, confused, upset, or thankful. Share whatever thoughts and feelings you have with God.
- **Rest.** Pause and sit in silence to conclude. Let God speak back to you.

#### EPHESIANS 6:4

*"Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord."*

#### 1 CORINTHIANS 10:31-33

*"So, whether you eat or drink, or whatever you do, do all to the glory of God. Give no offense to Jews or to Greeks or to the church of God, just as I try to please everyone in*



*everything I do, not seeking my own advantage, but that of many, that they may be saved."*

**1 CORINTHIANS 11:1**

*"Be imitators of me, as I am of Christ."*

**REFLECT**

- **If you are a parent, what are the ways that God is teaching you to depend on Him in parenting? What are things or habits you see in yourself that may cause more harm to your children than good? How can you ask God to change these things?**
- **Whether or not you are a parent, we all have influence over someone in our lives. Who has God given you influence over? In what ways have you not taken your influence seriously? In what ways can you allow God to use you in the sphere of influence you have?**
- **God has called us to lay down our own desires and wants to love and serve those around us. By doing this we have a great opportunity to reflect Jesus to others. In what ways can you practice giving up your desires and wants in order to lead and love other people well? How have you seen God move in the past when you have done this?**

**PRAY**

Begin by reading and meditating on this following prayer:

*"Listen O Israel! The LORD is our God, The LORD alone! Love The LORD with all your heart, with all your soul, with all your mind, and with all your strength, and love your neighbor as yourself."*

**Next:** Thank Jesus for all that He is teaching and showing you. Thank Him for His grace towards you. (2 minutes)



## WAYMAKER.CHURCH

**Then:** Ask the Holy Spirit to reveal anything in your heart or mind that is not like Him. Anything that is holding you back from loving and serving the people in your life. If anything comes to mind, ask for forgiveness. (2 minutes)

**Finally:** Ask Jesus to strengthen you to be a good steward of the influence He has given you over your family, friends, or people that follow you. (2 minutes)

### NEXT STEPS

Take some time this week to write down the values that you desire to live out as an individual. Ask yourself, how do these values impact those around me? How do these values reflect Christ and His kingdom? If you've never thought of values for yourself before, take time to do that and reflect on what you learn.

### LEARN MORE

Want to learn more about this topic? Check out these resources below.

[Family Discipleship: Leading Your Home through Time, Moments, and Milestones](#)